

WALKING THROUGH THE DOORWAY

INUIT KNOWLEDGE GUIDING PALLIATIVE APPROACHES TO CARE

The project

Working with Inuit in
Ottawa to improve palliative and
end-of-life care, especially for
individuals experiencing homelessness
or housing instability

Arctic Bay, Nunavut

Care must be safe and welcoming for Inuit affected by colonialism, racism and trauma

Collaboration and strengths-based partnerships
Inuit, health, social and spiritual care organizations
working together to advance palliative care

Collective care
and culturally grounded
care are priorities

Care that focuses on the people who are sick and their caregivers

Care is expressed through love, support, comfort and soothing

"Dying is like walking through a doorway. There is no disconnect between this world and the next. Dying is a part of life, and they are all the same thing."
- Elder Piita Irniq

Inuit knowledge, values
and language in care

Community-centred, Inuit defined
Palliative care

Aᓃᑲᑎᓯᑦ Pikatigiit
an Inuit advisory group enables
Inuit-led co-design, governance
and shared decision making
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Palliative care that reflects Inuit values and language

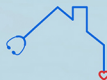
Guided by
Inuit knowledge and
ways of knowing

Traditional gatherings,
feasts and the qulliq
to support cultural
and spiritual grounding

Incorporating Inuktitut to provide welcoming services and support for the community



Inuit Qaujimajatuqangit,
IQ principles guide culturally
supportive palliative care



**Ottawa Inner
City Health**

Healthcare. Harm Reduction. Hope.

