





## Making Connections and Leveraging Digital Technology to Advance Person-Centred Care in Health Systems

In November, members of the Not Deciding Alone team met in Ottawa to advance our research work together.

We spent our time at Tungasuvvingat Inuit's Head Office and Carleton University's Experiential Learning Hub (ELH). We spent the morning focused on analyzing the findings from our interviews with healthcare providers for our Aajiqatigiinni project. Team members collaboratively engaged and validated the results from the interviews.

In the afternoon, we headed to Carleton campus to meet our collaborators at the ELH to explore how a digital technology, 360° immersive video could be developed to share people's experiences in their health care journey. The team was able to view a prototype of this digital format and have a meaningful conversation on how this technology could be leveraged to build greater understanding and empathy in training tools. In the coming months, the Not Deciding Alone team will be collaborating with the ELH to develop an immersive video experience focused on the experiences of Inuit travelling to receive medical care.



For more photos and videos of our Ottawa meeting, click [here](#).

If you'd like to connect with our team or learn more, contact us at:

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