INNOVATING SHARED DECISION MAKING EDUCATION

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Not Deciding Alone

WWW.NOTDECIDINGALONE.COM

NOV 18, 2025 **OTTAWA, ON**

EXECUTIVE SUMMARY

Aajiiqatigiinniq, decision making by discussion and consensus, guided the Not Deciding Alone Steering Team as they met in Ottawa, ON. The Team collaborated with Inuit Navigators, service providers, and researchers to develop digital teaching materials for upcoming health care provider training.

INTRODUCTION

There is an urgent need to educate health care providers about shared decision making with Inuit. How can the complex logistical, emotional and systemic challenges Inuit experience during medical travel be highlighted during training sessions? The Not Deciding Alone Team has identified that **innovative digital tools** can help convey these experiences through stories, aiming to foster understanding and empathy.

RESEARCH OVERVIEW

This work contributes to the study: **"Aajiiqatigiinniq: An Integrated Knowledge Translation Approach to Develop and Field-Test Shared Decision Making Education for Health Care Providers Who Work with Inuit."** The study focuses on supporting health care providers and people receiving care to engage in informed shared decision making, with the ultimate aim of improving health outcomes.

DISCUSSION

Key activities of the day included:

- Analyzing health care provider interviews to shape training messages
- Discussing an animation video script defining shared decision making & decision-making aids
- Reviewing a prototype 360° immersive video experience with Carleton University's Experiential Learning Hub and identifying ways to use this technology in training sessions

CONCLUSION

By integrating Inuit knowledge and innovative digital tools, Not Deciding Alone is creating training resources that promote culturally safe shared decision making, enhance health care provider understanding, and aim to improve health outcomes for Inuit communities.

ohsni · Tungasuvvingat Inuit · LARGA BAFFIN · The Ottawa Hospital | L'Hôpital d'Ottawa · Carleton University Department of Health Sciences · Not Deciding Alone · CIHR IRSC Canadian Institutes of Health Research / Instituts de recherche en santé du Canada