

Our Contribution

Our team was the session chair for 'Healthcare Delivery in the Arctic' featuring five research groups, including our work on Not Deciding Alone. We opened the session with the help of Inuit Elders who were also attending the session with their research teams.

During the session, we presented on our field test of the shared decision making strategy called **Not Deciding Alone to Support Health Decision Making and Person-Centred Care**. Our team described how our work is guided by **aajiqatigiinniq**, a principle of collective decision-making and consensus-building. We shared how we co-produced a mixed-methods study to train Qikiqtani region Community Health Representatives (CHRs) in shared decision making and develop a radio show for the Inuit community on the same topic.

Take Aways & Next Steps

- There is interest across northern regions to identify best practices to Inuit data sovereignty.
- Care providers and people seeking care across northern settings face issues with wait times and travel challenges. Many groups are looking for innovative solutions that are person-centred.
- It is important to continue to highlight person-centred care. Attendees identified it's not always implemented in practice, and there is a need for person-centred care strategies in care systems.

Thank you to our funder for continuing to support this important work:

