



# Not Deciding Alone Innovates to Develop Shared Decision Making Training Materials

Continuing work for the research study, *Aajiiqatigiinniq: An Integrated Knowledge Translation Approach to Develop and Field-Test Shared Decision Making Education for Health Care Providers Who Work with Inuit*, the Steering Committee met in Ottawa, ON to discuss and develop training materials for upcoming health care provider education.



Themes from interviews conducted with health care providers were brought to Not Deciding Alone for analysis, and their **engagement and validation** with results.

## Important topics identified during discussions:

- Share the importance of silence during medical appointments
- Discuss the logistical and emotional challenges of medical travel
- Explore the impact of scheduling-related barriers on shared decision-making

## Introducing Shared Decision Making Through Animation and Case Studies

Not Deciding Alone continues to support the urgent need to educate health care providers about Shared Decision Making with Inuit. The focus is on how to support health care providers to engage in a collaborative approach where care providers and people receiving care work together to make informed decisions.

Not Deciding Alone is creating a short animation video based on Simon's Story comic and decision-making tools to highlight key concepts in Shared Decision Making. A draft script, developed with Inuit partners, was reviewed to move the project forward.



To develop new case studies for digital resources, the group used a mind-mapping exercise to answer these questions:

- a) What Stories Do You Want to Share?
- b) Why is Shared Decision Making Needed?

**Aajiqatigiinni**, decision-making through discussion and consensus, is central to the work of Not Deciding Alone. Conversations were enriched by new collaborators at the table. Thank you to the **local Inuit Navigators** and the team from **Carleton University's Experiential Learning Hub** for contributing to these important Steering Committee discussions.



## Sharing the Patient Journey Using Digital Technology

Not Deciding Alone, along with Carleton University's Experiential Learning Hub (ELH), is developing training materials that engage health care provider learners with their minds and their emotions, with the aim to **foster understanding and empathy**.

The Team visited with ELH to explore how a digital technology, 360° immersive video experience, could be developed to share people's experiences in their health care journeys.

After viewing a prototype developed for Not Deciding Alone by the ELH, the group identified the following for inclusion in future 360° immersive video experiences:

- Landscape scenes from the North
- Visuals and audio that capture the many considerations, questions, and family decisions involved in medical travel
- Contrasting scenes showing the quiet of the North versus the busy urban environment of tertiary medical centers



The development of effective training tools is important for building knowledge and skills, and supporting behaviour change with health care providers in relation to shared decision making.

The study aligns with the National Inuit Strategy on Research, which upholds Inuit self-determination in research. Gratitude is extended to Not Deciding Alone's many supporters, who ensure that the work continues to reflect Inuit and community-identified priorities.

