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Not Deciding Alone

STEERING COMMITTEE GATHERS TO BUILD ON NOT DECIDING ALONE

EXECUTIVE SUMMARY

To continue the important work for the research study **"Aajiiqatigiinniq: An Integrated Knowledge Translation Approach to Develop and Field-Test Shared Decision Making (SDM) Education for Health Care Providers Who Work with Inuit",** the Not Deciding Alone Steering Committee met in Ottawa, ON to discuss next steps of the study. The ultimate goal of the training is to contribute to improved health care experiences for Inuit and health care providers.

INTRODUCTION

SDM is a central feature of person-centered care. SDM is when a person experiencing a health issue works together with their health care providers to make decisions. People receiving care have told us that SDM tools help, but what about health care providers? What's it like for them and what training or tools would support them to implement SDM in everyday practice? Interviews with providers confirm that SDM education is desperately needed to enhance participation of Inuit in their health care.

RESEARCH OVERVIEW

Our goal is to use an integrated knowledge translation (KT) research approach to develop and field-test SDM education for health care providers who work with Inuit.

DISCUSSION

The Steering Committee met to discuss training health care providers about: 1) Inuit specific cultural safety, 2) SDM, and 3) the lived experience of people with care systems. The group heard from Kevin Qamaniq-Mason from Akiani Consulting about his work with cultural safety training. We discussed training options for health care providers with SDM, and reviewed scripts, role plays, and ideas for relating the many experiences of people - both care recipients and providers - in care systems.

CONCLUSION

It is essential to conduct the development of SDM education to meet the learning needs of health care providers. Our team will assess the learning needs and the impacts of the SDM training on health care providers' practice. Our meeting allowed us to take time to discuss what to include in this training, and how to engage and work together with health care provider participants to develop and assess the training.

A big thank-you to all who traveled near and far to contribute to our important work.

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