

SHARED DECISIONS

Not Deciding Alone Team Newsletter



Project Updates

We have a website!

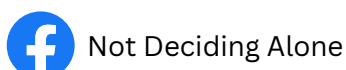
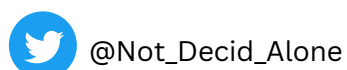
www.notdecidingalone.com is dedicated to sharing information on our project, our team and the resources we create together. It is currently a work in progress but we are excited to see how it evolves over time!

We've been published!

We have published a paper "**How we work together: Reflections from the Not Deciding Alone team**" in the Integrated Knowledge Translation Research Network (IKTRN)'s September casebook (vol. 5).

You can check out the casebook [here](#).

To keep up-to-date on our future project updates, follow us on social media:



www.notdecidingalone.com

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PROJECT UPDATES

UNDERSTANDING THE JOURNEY

REFLECTIONS ON THE INUIT STUDIES CONFERENCE 2022



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Not Deciding Alone



Understanding the Journey

In our work to understand the journey of Inuit clients and their families receiving cancer care, we have learned many things:

- it is hard to take part in decisions about getting health care
- no one explains the decisions you will need to make
- there is a duty to make decisions that support family and community
- lack of knowledge impacts opportunities to engage in decision making

Our team is working to support Inuit clients and families:

- we make and promote open access resources about shared decision making
- we work with community-based workers to promote decision-coaching for Inuit in their communities
- we have project funding to develop education for health care providers and others in the health system to support Inuit in their health decision making

You can learn more about our work here:



SCAN ME

[The Conversation \(2019\)](#)



SCAN ME

[The Conversation \(2021\)](#)



SCAN ME

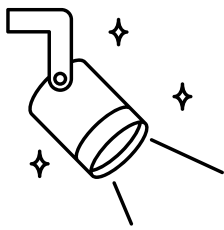
[Experiences of Inuit \(2021\)](#)

Reflections on the Inuit Studies Conference 2022

"I had such a wonderful learning experience once again on how we as people always are learning of what other people are so fortunate to have beautiful goals in their lives...I wish we all had more time to listening to the wonderful presenters of all fields in health, language, and experiences of former University students that have wonderful careers that have influence.... I felt so happy that people whom have not seen each other for so many years were able to catch up with each other. And especially the Inuit, Inuvialuit and anyone else were able to sell their beautiful arts and crafts.... Also to keep our Inuit Traditions for all young Inuit to keep and use every day reminds us that being Inuk does good influences for each other." - Meeka Uniuqsaraq, Elder



Team Members Malaya Zehr (L), Janet Jull and Nuqinga Korgak (R) at the Inuit Studies Conference in Winnipeg, June 2022



TEAM SPOTLIGHT

Decision-Coaching with the OHSNI Interpreters Team



Over the summer, the OHSNI Inuit Interpreters team participated in decision-coaching training. The Inuit Interpreter team has an important role supporting Inuit when they are at appointments and minimizing language barriers. As long time partners of Not Deciding Alone, the Inuit Interpreter team are leaders in community-based decision-coaching and shared decision-making. Congratulations to the team and thank you for your ongoing leadership and support of Not Deciding Alone!

If you'd like to connect with our team or learn more contact us at:

notdecidingalone@queensu.ca or Dr. Janet Jull: janet.jull@queensu.ca

